



WSA Safe Return to Play (updated 6/14/20)

Return to play for WSA players and potential WSA players is solely at the discretion of parents/guardians. WSA is not requiring players or coaches to wear face masks during outdoor trainings. We are leaving that decision up to the parents/guardians. If parents/guardians are not comfortable with WSA's "Safe Return to Play" plan, they should keep their players at home.

- 1) Before return to play/tryouts can begin, all WSA Coaches and Assistant Coaches must review the Carroll County Parks & Rec "Return to Play" guidance: <https://www.carrollcountymd.gov/media/11878/return-to-play-update-61220final.pdf>
- 2) Before return to play/tryouts can begin, all parents/guardians of WSA players and potential players must complete and sign this [Carroll County Parks & Rec waiver](#).
 - a) No WSA player or potential player can return to the field or tryout without a completed waiver.
 - b) WSA Travel Soccer will email all pre-registrants and instruct them to bring completed waiver to travel tryouts.
 - c) Each WSA Travel Team should also have extra copies on-hand at tryouts for parents/guardians to complete.
 - d) WSA Travel coaches should turn in collected waivers into Travel Coordinators.
- 3) Before return to play can resume, COVID-19 self-screening must take place for all coaches and players. (See below for self-screening process.)
- 4) All trainings will occur outdoors – no indoor trainings.
- 5) When arriving to and departing from the fields for training, players, coaches, and parents must adhere to social distancing rules by remaining 6 feet apart.
- 6) When feasible, parents are encouraged to remain in their cars and drop off their players at the field. If the child is too young to be dropped off, the parent may stay at the field, but must practice social distancing (remain 6 feet away) from others.
- 7) WSA also asks parents to remain 25 feet away from the playing field during training/tryouts.
- 8) Players should keep their personal belongings and water bottles in an assigned spot – 6 feet away from other players.
- 9) Players shall not touch other players' water bottles or other personal equipment or belongings.
- 10) Players will be asked to bring their own soccer balls to trainings and tryouts.
- 11) Trainings/tryouts can include an unlimited number of players.
- 12) Play during trainings/tryouts can resume with a normal level of soccer contact during drills/scrimmages.
- 13) However, WSA Coaches will be discouraged from using "single-file lines" in drills to diminish prolonged contact in one spot between players.
- 14) WSA Coaches will encourage social distancing among players during "downtime" between play. In addition, WSA coaches will discourage direct physical contact—such as fist pumps, high fives, handshakes—during "downtime."
- 15) Pinnies should not be used during training or tryouts. (Players will be asked to bring one white shirt/one dark shirt to tryouts.)
- 16) Coaches, volunteers, or young athletes who live in a household with someone with an active COVID-19 diagnosis should remain home.

- 17) Coaches, volunteers, or young athletes diagnosed with COVID-19 must inform WSA if they (or someone in their household) has been diagnosed with COVID-19 after they've attended a WSA training or tryouts.
- 18) Coaches, volunteers, or young athletes diagnosed with COVID-19 must present a "cleared for play" letter from their doctor before returning to play.
- 19) Players who may exhibit signs of sickness during WSA tryouts or training will be asked to leave the session, not to return until they are symptom-free.

COVID-19 SELF-SCREENING PROCESS PER CARROLL COUNTY RECREATION & PARKS

- Parents/participants should perform regular wellness checks, per CDC recommendations, prior to reporting to activity:
 1. No fever in the last 2-14 days (100.4 degrees Fahrenheit or higher)
 2. No unexplained cough, shortness of breath, muscle pains, shaking with chills, headache, sore throat in the last 2-14 days.
 3. No prolonged exposure (15 minutes or more within 6 feet or less) to any exhibiting the symptoms above in the last 2-14 days.
 4. Negative response to any of above questions should result in individual staying home and not participating.

- Parents should review COVID-19 information and best practices.
- Monitor athletes during breaks and down times and encourage social distancing.
- Consider no high-fives, team huddles, handshakes, fist pumps etc. instead, consider implementing tilting of a hat, fist in the air, clapping, etc.
- If a coach or volunteer tests positive for COVID-19 anytime during a season or when they've been in contact with other volunteers or athletes, they must immediately Contact Carroll County Department of Health at 410-876-4848 and follow their directions.

- Remember the following:
 1. The more people a person interacts with and the longer the interaction = the higher risk of COVID-19 being spread.
 2. Educate and encourage participants to stay home when feeling sick.
 3. Promote behaviors to reduce the spread (players bringing their own hand sanitizer, sanitizing their hands during water breaks, washing hands 20 seconds or more).
 4. Advise those who have had close contact with a person diagnosed with COVID-19 to stay home, self-monitor for symptoms and follow CDC guidance if symptoms develop.

COACH/PARENT RESOURCES

Carroll County Parks & Rec "Return to Play" 6/12/20 Statement:

<https://www.carrollcountymd.gov/media/11878/return-to-play-update-61220final.pdf>

State of Maryland resources: <https://commerce.maryland.gov/Documents/BusinessResource/Youth-Sports-COVID-19-Best-Practices.pdf>

CDC resources: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>